

2019 Fall Symposium

October 11 ~ Radisson Hotel Coralville

Accredited for 6.0 AMA PRA Category 1 Credit™

**Accredited for 3.0 ABIM MOC Credits
MACRA Credit Designation ~ AAFP Designation
Pharmacist Credit Designation**

The Iowa Board of Medicine has approved the morning course for the mandatory training for chronic pain management.

REGISTER @ WWW.IOWA.PSYCHIATRY.ORG

PROGRAM DESCRIPTIONS

Morning Session Program Description

Pain continues to be a significant public-health problem in the US, causing significant reductions in patients' quality of life. Despite the pain-relieving properties of opioid medications, patients with acute and chronic pain are often undertreated due to a variety of physician and patient-related concerns and barriers, including the potential for misuse and abuse.

The FDA developed the Risk Evaluation and Mitigation Strategy (REMS) to ensure the benefits outweigh the risks with opioid treatments. The FDA Blueprint was recently updated to include more information on pain management, including components of an effective treatment plan, nonpharmacologic and pharmacologic treatments for pain (nonopioid and opioid analgesics), and a primer on addiction medicine. The updated blueprint applies not only to prescribers, but to all healthcare providers involved in the management of patients with acute and chronic pain.

Afternoon Session Program Description

New medications and technologies for treatment coupled with care coordination are resulting in improved patient outcomes of the mentally ill while saving the health care system significant dollars. Psychiatrists and other mental health professionals are seeing results they've longed hoped for. Join us as we review strategies proven successful in bringing hope to those with mental illness.

AGENDA

7:30 – 8:00 AM

Event Check-in and Breakfast Served

8:00 – 9:30 AM

Opioid Analgesics: Risk Evaluation and Mitigation Strategy (REMS)

Christopher Gharibo, MD and Timothy J. Atkinson, PharmD, BCPS, CPE

9:30 – 9:45 AM

Coffee Break with Exhibitors

9:45 – 11:15 AM

Opioid Analgesics: Risk Evaluation and Mitigation Strategy (REMS)

Christopher Gharibo, MD and Timothy J. Atkinson, PharmD, BCPS, CPE

11:15 AM – 12:15 PM

Lunch with exhibitors

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AGENDA continued...

12:15 – 1:45 PM

Antipsychotics Update: Identifying Treatments that Address Unmet Clinical Needs

Sarah E. Grady, PharmD, BCPS, BCPP

Professor, Drake University College of Pharmacy & Health Sciences

Des Moines, IA

1:45 – 2:00 PM

Coffee break with exhibitors

2:00 – 3:30 PM

Borderline Personality Disorder – Update on Clinical Issues and Management Strategies

Donald W. Black, M.D.

Professor of Psychiatry, University of Iowa Carver College of Medicine

Iowa City, IA

3:30 PM

Adjourn

LOCATION

Whether you're riding their complimentary shuttle to the University of Iowa or using the free Wi-Fi in your room, Radisson Hotel & Conference Center Coralville - Iowa City (1220 First Avenue, Coralville) is at your service. Their location off I-80 about 10 minutes from Iowa City and ensures easy access to attractions like the University, Coral Ridge Mall and The Iowa Children's Museum. The hotel has a block of rooms for this event with a special group rate of \$92 for a single king or double queen bed room. Interested persons may call 319-351-5049 and ask for a room in the Psychiatry Postgraduate Conference block. Or you can click [here](#) to book online. The hotel offers complimentary parking, complimentary internet throughout the facility, and is a 100% smoke free hotel. They also have a restaurant, [Twelve01 Kitchen & Tap](#), open daily for breakfast, lunch, dinner, and room service.

Room block closes 9/26/19.



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EDUCATIONAL OBJECTIVES

At the conclusion of this conference, the participant will:

1. Identify risk factors and vulnerabilities associated with addiction to opioid analgesics and provide patient/caregiver counselling when necessary
2. Discuss the components of an effective treatment plan, including patient interactions, treatment goals, and collaboration within the healthcare team
3. Analyze the specific benefits and risks to initiating non-medication therapies before utilizing long-term medications
4. Recognize patients who are candidates for treatment with nonopioid pharmacologic analgesics
5. Explain the decision to initiate long-term opioid analgesics, including ER/LA opioids, with consideration to providing in-home naloxone
6. Determine when referral to a pain specialist is appropriate for a patient with chronic pain
7. Understand the definition and epidemiology of BPD
8. Understand the importance of recognizing and diagnosing BPD.
9. Understand the clinical management of BPD including psychotherapy, medication, and lifestyle changes.
10. Demonstrate knowledge of mechanisms of action of second-generation antipsychotics in order to accurately predict potential adverse effects of individual agents.
11. Develop a monitoring system to evaluate the effectiveness and tolerance of pharmacotherapy options for the treatment of schizophrenia and other conditions.
12. Recognize the advantages and disadvantages of the newer partial dopamine agonists in the management of schizophrenia and other conditions.
13. Compare and contrast the newer long-acting injections utilized in the treatment of schizophrenia and other conditions.
14. Discuss promising compounds currently in clinical development for the management of schizophrenia and other conditions.

ACCREDITATION INFORMATION

Morning Session Program Accreditation Information

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of USF Health and Rockpointe. USF Health is accredited by the ACCME to provide continuing medical education for physicians. USF Health designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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ABIM MOC Designation Statement: Successful completion of this 3.0 CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for this activity (no more than 3.0). It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. To receive CME credit and/or MOC points, you MUST complete the onsite evaluation and pass the online post-test at www.rockpointe.com/remsmoc. For ABIM MOC points, your information will be shared with the ABIM through USF Health's ACCME Program and Activity Reporting System (PARS). Please allow 6-8 weeks for your MOC points to appear on your ABIM records.

MACRA Credit Designation: Completion of this accredited CME activity meets the expectations of an Accredited Safety of Quality Improvement Program (IA_PSPA_28) for the Merit-based Incentive Payment Program (MIPS).

AAFP Designation Statement: *This live activity, Opioid Analgesics: Risk Evaluation and Mitigation Strategy (REMS), from 04/28/2019-04/28/2020, has been reviewed and is acceptable for up to 3.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (This applies to morning programming only.)*

Pharmacist Accreditation Statement: The Potomac Center for Medical Education is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Pharmacist Credit Designation: The Potomac Center for Medical Education designates this educational activity for a maximum of 3.0 hours (0.30 CEUs) of continuing education credit (UAN number 0418-9999-19-001-L05-P).

Afternoon Session Program Accreditation Information

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and Iowa Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationships with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.



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REGISTRATION FORM

Registration options:

- *Online: Visit: www.iowa.psychiatry.org credit card payment only
- *Fax: Complete form with credit card information and fax to: 888.477.9119
- *Mail: Complete form, make check payable to IPS and mail to: P.O. Box 30413
Indianapolis, IN 46230

***Confirmation of your registration will be emailed within 24 hours of receipt. If you do not receive confirmation within 10 days, contact Sara director@iowapsychsociety.org*

**All information required for registration. Information will be kept confidential. Please print.*

Full name and degree (MD, DO, RN, etc.) _____

Email address _____

Mailing address _____

Mailing city/state/zip _____ Daytime phone _____

Categories <i>Please circle appropriate rate: fee includes CME/CE, online syllabus, continental breakfast, lunch, and breaks.</i>	Form and payment received before 8/20	Form and payment received 8/21-9/26
IPS and other APA Members	\$75.00	\$100.00
IPS and other APA Resident Fellow Members	\$15.00	\$15.00
Physicians (Not IPS/APA members)	\$125.00	\$150.00
Non-physician (i.e.: PhD, LCSW, RN, etc.)	\$125.00	\$150.00
Other medical residents & students	\$50.00	\$50.00

Additional Options:	
Resident Scholarship Contribution	\$.

CREDIT CARD PAYMENT INFORMATION

Amount to be charged: _____

Credit card number: _____

Credit card expiration date: _____ Credit card security code: _____

CANCELLATIONS: A 50% refund will be made if notification is made in writing and received by 9/26/19. NO REFUNDS AFTER 9/26/19.