

2021 IPPS Psychiatry Post Graduate Fall Symposium

Friday, October 8 ~ Radisson Coralville
Accredited for 5.0 AMA PRA Category 1 Credit™

REGISTER @ [HTTPS://TINYURL.COM/2R88FMM9](https://tinyurl.com/2R88FMM9)

Psychiatrists are often faced with balancing the beneficial effects of treatment with less than desirable results when working with patients to achieve their treatment goals. Medication side-effects and behavioral patterns in addition to consequences of life experiences and bias are just some of the challenges psychiatrists face daily. The 2021 Fall Symposium will provide an opportunity to explore some of these undesirable effects of the treatment we provide. The morning will start with a psychopharmacology update specifically targeting unwanted medication side-effects and how to address them. We will then explore the how to work with racist patients. The former Chairperson of the APA Presidential Task Force on Structural Racism Throughout Psychiatry will take the opportunity to share ways to promote diversity and inclusion in our practice. In the afternoon, attendees will gain an appreciation for the specialty of obesity medicine as it relates to psychiatry and develop tools to use in everyday practice during the ongoing obesity epidemic. As the day comes to a close, participants will integrate updates in eating disorder care with their current understanding of disordered eating patterns.

AGENDA

8:30 – 9:00 AM

Event Registration & Meet and Greet with Exhibitors

9:00 – 10:15 AM

Management of Common Adverse Effects of Psychopharmacologic Medications

Sarah Babb, PharmD, BCPP

Clinical Pharmacy Specialist, Inpatient Mental Health, VA Central Iowa Health Care System

10:15 – 10:45 AM

Break with Exhibitors

10:45 AM – 12:00 PM

How Can Cultural Competence Reduce Health Disparities and Psychiatrist Burnout?

Cheryl Wills, MD, DFAPA

Director of Child and Adolescent Forensic Psychiatric Services, University Hospitals of Cleveland &

Associate Professor of Psychiatry at Case Western Reserve University & Area IV Trustee, American Psychiatric Association

12:00 – 12:45 PM

Lunch, break with exhibitors, IPPS awards presentations

12:45 – 2:00 PM

Obesity Medicine and Adult Psychiatry

Cyndi McCormick, DO, MS

Board Certified Diplomat of the American Board of Psychiatry and Neurology as well as Obesity Medicine

Psychiatric Medical Director, River Hills Community Health Center and Ottumwa Regional Health Center

Obesity Management Strategies in Adolescence

Carissa Gunderson, MD

Clinical Assistant Professor & Child & Adolescent Fellowship Associate Program Director, University of Iowa

2:00 – 2:15 PM

Coffee break with exhibitors

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2:15 – 3:00 PM

Considerations in Eating Disorders for the General Psychiatrist

Kyle McGinty, MD, MPH

Clinical Assistant Professor, Department of Psychiatry, University of Iowa Hospitals and Clinics

3:00 – 3:30 PM

Panel Discussion on Eating Disorders

Carissa Gundersen, MD

Cyndi McCormick, DO, MS

Kyle McGinty, MD, MPH

3:30 PM

Adjourn

LOCATION

Whether you're riding their complimentary shuttle to the University of Iowa or using the free Wi-Fi in your room, Radisson Hotel & Conference Center Coralville (1220 First Avenue) is at your service. Their location off I-80, 10 minutes from Iowa City, ensures easy access to attractions like the University, Coral Ridge Mall, and The Iowa Children's Museum. The hotel has a block of rooms for this event with a special group rate of \$89 for a single king or double queen bed room. Interested persons may call 319-351-5049 and ask for a room in the "Psychiatry Postgraduate Conference block" or use promo/group code "2107psychi" (or click [here](#) to book online). The hotel offers complimentary parking, complimentary internet, and is a 100% smoke free hotel. Their restaurant, [Twelve01 Kitchen & Tap](#), is open daily for breakfast, lunch, dinner, and room service.



Room block closes 9/7/21.

ACCREDITATION

Accreditation Information: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychiatric Association (APA) and the Iowa Psychiatric Physicians Society (IPPS). The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement: The American Psychiatric Association (APA) designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationship with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

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REGISTRATION FORM

- *Online: Visit: <https://tinyurl.com/2r88fmm9> credit card payment only
 *Mail: Complete form, make check payable to IPS and mail to: P.O. Box 30413
 Indianapolis, IN 46230

**Confirmation of your registration will be emailed within 24 hours of receipt. If you do not receive confirmation within 10 days, contact Sara director@iowapsychsociety.org
 *All information required for registration. Information will be kept confidential. Please print.

Full name and degree (MD, DO, RN, etc.) _____

Email address _____

Mailing address _____

Mailing city/state/zip _____ Daytime phone _____

Categories <i>Please circle appropriate rate: fee includes CME/CE, online syllabus, continental breakfast, lunch, and breaks.</i>	Form & payment received by 8/31	Form and payment received 9/1-9/22
IPS and other APA Members	\$74.00	\$94.00
IPS and other APA Resident Fellow Members and Medical Students	\$15.00	\$19.00
Physicians (Not IPS/APA members)	\$114.00	\$134.00
Non-physician (i.e.: PhD, LCSW, RN, etc.)	\$104.00	\$124.00
Resident fellow members & medical students that are not APA members	\$29.00	\$29.00

Additional Options:	
Resident Scholarship Contribution	\$.

CREDIT CARD PAYMENT INFORMATION

Amount to be charged: _____

Credit card number: _____

Credit card expiration date: _____ Credit card security code: _____

A 50% refund will be made if notification made in writing is received by 9/22/21. No refunds after 9/22/21